

Women's Natural Building Cob Workshop and Hands On Extravaganza!

JOIN Becky Bee for a fun week in the lush Spring of the Arkansas Ozark wilderness!

March 19-25, 2011 - Spring Equinox

Seven freedom filled days, creating, sharing, hands-on learning and fun! Three unbelievably yummy, organic meals a day cooked for you, plus camping.

Registration limited to 17 women—so register soon!

\$395-\$495 sliding tax deductible donation (your choice)

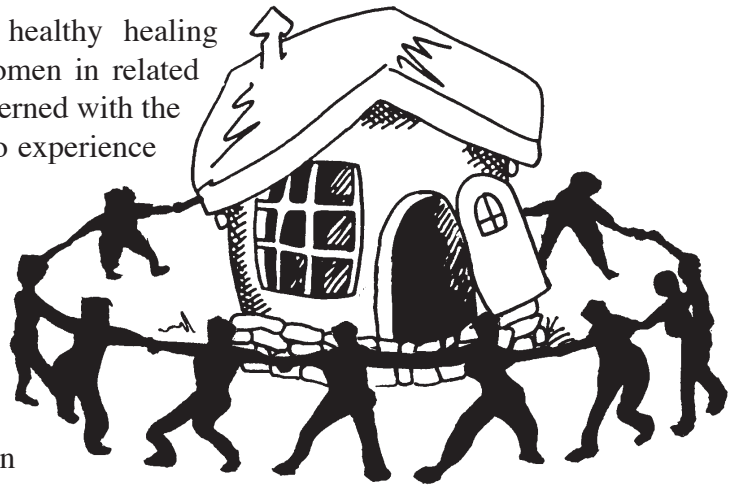
Indoor accommodations and airport shuttle service available for extra fees.

**Free Open House Day for Women Only
Wednesday, Spring Equinox, March 23, 2011**

CALLING ALL WOMEN interested in creating healthy healing homes and sacred spaces! Builders, designers and women in related fields; artists, musicians, net workers and activists concerned with the environment and affordable housing who would like to experience cob building.

CO-CREATE a beautiful outdoor cob design. Learn to make your own hand sculpted home. Spark new connections, friendships and work partners. Share your ideas, energy, skills, dreams and magic!

COME BE PART OF SACRED EARTH, straw, wood, and stone in the luscious Spring of the Boston Mountain Wilderness beside gorgeous swimming holes on Thomas Creek! Located 18 miles SW of Jasper, Newton County, Arkansas. (You can fly into Little Rock, NW Arkansas, Springfield MO, Harrison AR, or Tulsa (farthest, with 5 hour drive.)



EVERY WOMAN is a teacher. All women offer skills. Let us know what **YOU** want to share..... be bold.

Sponsored by: Rev. Dr. Jude Arnold of Thomas Creek Retreat and Becky Bee of Groundworks. Thomas Creek Retreat is a non-profit offering opportunities to study Mindfulness and Gratitude in a wilderness setting. Becky Bee is the author of the *Cob Builders Handbook*, *You Can Hand-sculpt Your Own Home* and world famous teacher of natural building techniques for women.

To register, please send \$100 non-refundable to:

Thomas Creek Retreat, HC 72 Box 89, Parthenon, AR. 72666

When you register you will get a detailed registration letter explaining the workshop plans, travel and accommodation arrangements.

For more information about the workshop: Call Jude at 870-416-0757 or leave a toll free voice mail for a call back at 888- (TRI YOGA) 874-9642 – www.drjudearnold.com

Cob questions: email Becky at cobalot@hughes.net – www.beckybee.net